

# Newsletter

January to March 2023

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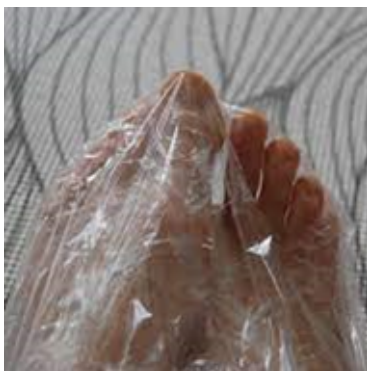
## Table of contents

1. **Education:**  
Mummification, with  
Christy Busch
2. **President's Letter:**  
Updates, by Nyna  
Kaiser
3. **Financial Report:**  
Oct. – Dec. 2022
4. **Grub with Us:**  
Quick Comfort Food  
for busy winter  
nights
5. **A Look Back:** 20  
years, with Robbie  
Montoya
6. **Spot the Patch:** Who  
has been out and  
about

## Education

Hello dear ACLC members and friends, its wintertime so let's talk mummification!

Mummification kink play can bring you warmth during these cold winter months. Just something to keep in the back of your mind.



We start with what is mummification: mummification refers to the complete immobilization. It taps into bondage, sensory, sensation and control aspects of BDSM play. One can use this form of play for anything from a mild bondage scene used as a playful catalyst to sexual play or we can use this technique of play to delve deep into one's mind. The dangers of cutting off circulation, nerve damage is not usually something to worry about. You will however want to be aware of two risks: overheating and panic attacks. Safety Scissors by your side....

Over the years I have played around with the mild to the wild.... Personally, I enjoy using good old fashion pallet wrap, it has a great firm hold, easy with add in tools, (bamboo skewers, clamps, needles really anything pokey). I have also used the latex vac beds, plaster splints (be prepared, have proper tools to remove plaster). Mummification makes for a great scene for both top and bottom this type of scene can really set the stage for a wonderful discovery of pleasure and trust and can be a crowd pleaser in public play. Bring your favorite mummification stories or questions to the February zoom meeting

Christy Busch

# Newsletter cont.

## President's Letter

Dear Members,

Happy New Year 2023 and new events upcoming with the club, we enjoyed out end of the year with a very successful Santa Service event raising over \$2500 for the Alameda County Food Bank. Huge thank you to the World-Famous Turf club for hosting, the board for donations of auction items and time, Kim for MC and food, Randy for MC, auction items and promotion, our entertainers and to everyone that participated in any ways. In addition, we had fun together at Leather Invasion in Sacramento on 12/16 with Cody, Jeffrey, Andrew and me. A few of us attended the Dec. Queer as Fu.. event with Reika and the Exiles at SF Eagle. Joan and Nyna represented ACLC also at the Women of drummer regional event and the current titleholder Jewel, joined our Santa Service Event donating a weekend package for WOD contest weekend to the auction.

We had our board meeting and have begun to plan for our first beer bust at the SF Eagle on Feb. 5 and yes, we need your help with serving and socializing. Wear your club colors and come join us for the fun. Thank you to Pony for the flyer and Joan/Andrew for getting us set up with the Eagle. Are you interested in being more involved again? Join the events committee or archives committee and let's get busy! We need you and your participation in the club.

I also want to take a moment to remember Billy Aviles RIP last year on Jan. 5th and our friend of the club Rachel Sullivan she passed last year Jan. 15th. Also, recently we were notified that Meg'gan Gaumer died on 12/23/2022, they were an active member in 2001-2004 getting their 3 years pin at the anniversary of 2004. They moved to Sacramento and then out of state but active friends with the community on facebook.

This quarter we remember our history: with recalling the first East Bay Cheeks n Chaps contest with the winners Andy Hiebakas and Harry Wilmoth, this contest was created by ISE in 1993 and eventually turned over to the club.

In 2002 we held our first Mr. Alameda County Bear contest established by JJ- the winner was Noral Kuhlmann. He is still active behind the scenes helping Andrew with the cats and their home front.

And 20 years ago, was the 2003 title year for Robbie Montoya and Joel K. (see the section Robbie wrote for the newsletter.)

We have a proud history in Northern California Bay Area, with 30 years of fundraising and social networking. We have created so many memories and leather family bonds with each other that have traveled with us many places over many years. Join the fun with us as we move forward into our 30th anniversary later this year and at all the events we are attending including the beer bust and monthly Zoom the third Tuesday of each month 7-8 pm with our host Chrysty.

I look forward to seeing and hearing from you this spring,  
Nyna President ACLC



**Next Board Meeting: Saturday, April 1, 2023**

# Newsletter cont.

## Treasurer's Report

October – December 2022

As of 12/31/2022

Starting Balance 7,668.67

Income 3,790.67

Expenses (2,992.07)

Ending Balance 8,467.27

Transactions since end of month

Current Balance 8,415.29

as of 1/6/22

1,030.00 10/20/2022 Anniversary Donations

125.00 10/20/2022 Dues

2,512.17 12/5/2022 Santa's Service Auction Proceeds

123.50 12/5/2022 Dues (with Square fees)

100.00 10/3/2022 Storage Space

100.00 11/3/2022 Storage Space

149.90 11/23/2022 Zoom Subscription

30.00 12/1/2022 Non-Profit Raffle Program Registration

100.00 12/5/2023 Storage Space

2,512.17 12/29/2023 Disbursement of Auction Proceeds

(100.00) 1/3/2023 Storage Space

48.02 1/6/2023 Dues (with Paypal fees)

## Grub With Us

When you just want a hearty comfort meal, but you don't have the time make it from scratch, let the supermarket rotisserie chicken be your savior. These suggestions are very easy to customize to accommodate tastes and preferences. Please feel free to be creative and substitute ingredients to your liking.

### Pot Pie:

Shred or chop your chicken into a bowl and add 1 can cream of chicken soup, a bag of frozen mixed veggies, half a can of milk and mix. Add everything into the baking dish, cover with store bought pie crust (or canned biscuits). Bake at 350 until filling is bubbling, and crust is golden.

### Enchilada Casserole:

Shred or chop your chicken into a bowl add a large can of your favorite enchilada sauce. In baking dish, layer corn tortillas, chicken mixture, and cheese until full (pour any remaining sauce onto the top). Bake at 350 until filling is bubbling. Serve with your favorite toppings like avocado, sour cream, or salsa.

### Pasta:

Set some pasta on to boil (or rice). Shred or chop your chicken into a pot, add 1 can cream of mushroom soup, 1 can chicken broth, shredded parmesan, frozen broccoli, and heat. Once thoroughly heated, add over pasta

### Stir-fry:

Shred or chop your chicken into a pot, add a bag of stir fry veggies, minced garlic, and some teriyaki sauce. Cook until veggies are tender and serve over rice (or noodles) with your favorite toppings like chili oil, sesame seeds, or an egg.

These are some quick and easy ways to get comfort while saving time. I do not claim they are healthy or authentic, they are only meant to satisfy a craving in the most basic way. Please

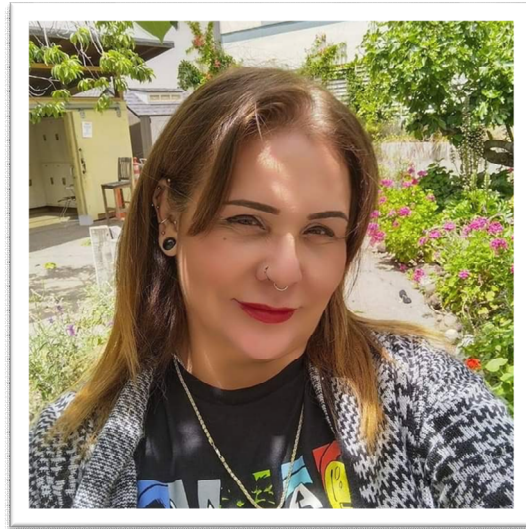
# Newsletter cont.

**Why you did-** Being of service in one way or the other since I was 17 yrs. old, saying "yes" to asks tends to come easy. However, I don't think I ever said yes so quickly as I did to ACLC!! I had met John, Nyna and Bianca initially by going to the Rainbow Room in Hayward. I instantly fell in love with their quick wit, charm and ability to laugh! Their dedication to their common goal was awe inspiring and I wanted to be a part oof the love that they brought to their mission. Bianca asked me if I would consider running for Ms. ACLC and after hearing what would be expected of me, my only question was "can I get my Harley on stage" ...the rest is history!

**What was value-** Up to the point of joining ACLC, I had worked in various social service positions as a counselor in drug addiction, family dynamics and mental health-crisis intervention with large non-profit organizations. Before meeting ACLC I thought that helping was a "serious" business. It hadn't occurred to me that you can get to the "serious" business and solutions and have fun getting there! I was introduced to a group of individuals that were not paid through their 9-5 work to help others, but rather "paid" in other meaningful ways. Giving of oneself, doing the next right thing when nobody's looking, is a reward that goes far beyond a paycheck and is priceless.

**What have you done related in the past 20 yrs since-**

Since my title year, I have focused on working with the homeless population 100% with various non-profits in Berkeley. Although I enjoyed the work, there were many times that I wanted to make changes to adapt with current challenges that directly impact the unsheltered population. Finally, my opportunity to enact change presented itself in my current position as Executive Director of Dorothy Day House. As a direct result of being a part of ACLC, I realized the importance of thinking outside the box in delivering services. Bringing joy and fun to the workplace has energized and motivated employees and participants of DDH's programs and is directly reflected in program outcomes. ACLC taught me to broaden my scope and break down the invisible barriers that separate people and find creative ways to help the community with the greatest needs.



In short ACLC helped me become a better person so that I can lend my experience and to others in a meaningful and loving way.

Robbie Montoya - Ms. ACL 2003



**Just the Tip:**

With sensory play it can sometimes become difficult to speak or be heard. This can make using a safe word challenging. Using a noise maker could be the answer to this issue. Give your partner a bell or be creative with it! Use a bike horn, rubber chicken or maracas etc. to match your scene.



# Newsletter cont.

## Spot The Patch

