

ACLC Newsletter, Spring 2020

From the President:

Well, it's been an interesting few months. Starting out the New Year with a bang, and now here we are sheltering in place and waiting out a pandemic.

In February, our Vice President Caity, ran for and won Ms. San Francisco Leather. Showing we can still produce winning titleholders.

I'm so glad we go to do our Spring Shenanigans event with Scotty and spend time together before this started, it was a great day. Thank you to Laurie for donating chocolates, Scotty for donating and hosting your ever popular cigar social, Caity for making all the food, and as always, Larry Gray and the World Famous Turf Club for always supporting us. Not knowing it would be the last time we would see each other for months makes that even more special.

We have had to cancel an Eagle beer bust, and the Howeird Street Fair is postponed until at least September.

We had our April board meeting and are planning on moving forward as normally as possible, working on bylaws changes and looking at Anniversary dates in September.

Included in this newsletter will be some info on ways to keep in touch without meeting in-person, and resources covering COVID 19.

I hope you are well and staying home and staying safe. See you all as soon as possible.

In Leather Service,

Joan Norry

ACLC President

Treasurer's Report

2Q Board Jan, Feb, Mar 2020

Income \$ 2011.00

Expenses.....\$3635.48

This Quarter:

Income: \$205

Donations - \$405

Thank you Laurie, Mama P, and Andrea Golden Gate for your support!!

Education: What is Aftercare? By Mistress Nyna

During this time of physical or social distancing its good think about what we need and so this quarter education topic is: What is Aftercare?

So far we have talked in education about “how to vet” potential play partners, then consent and negotiation as next steps. But also necessary is to include in this discussion; would be what might be needed by each person after they play.

This discussion should take place in advance of playing, as part of negotiation. Things to include would be physical history of injuries, physical limits, emotional limits and safe words. These same topics serve as a guide for what might be needed in aftercare also. Both players should disclose any limitations that are necessary, for example the top may have physical limits with a shoulder and the amount of time they can flog. Standing or kneeling for more than a specific time may be an example for a bottom. Then aftercare would include questions such as is their body ok and is some care needed? When discussed in advance a person could ask

☐ Do you want me to check in after we play with you about you’re?

☐ Do you want to be touched, held or cuddled or only verbal contact after we play?

☐ Do you want space after we play and for how long?

☐ Do you want to talk about the play immediately or wait for how long?

Both persons may disclose what “good aftercare looks like for each of them. The top might say something like a period of rest & relaxation, followed up in 10-15 minutes with a drink and snack would

be good. Then a short verbal check in on any request for discussion. A text or call the next evening from the bottom to the top as a check in and update would work. The bottom might say: a 5-10 minute rest and break with or without being held is good. The discussion of either yes or no to packing up and getting drinks or snacks with some time for verbal connection would be good. Followed by communication in the 24 hours and who will initiate the step.

Sometimes when play is intense, emotions arise and unexpected triggers can happen. Depending on weather safe words are utilized or not, a different level of aftercare maybe needed by either person. So checking in on a prior agreement is important with the understanding that different needs can also require different aftercare. Novice or first time persons playing may not be sure what they need, that is ok. Make an agreement for a standard process and ask for more or less after the play happens. It is important to just talk about possible after care. Also after playing with the same person over time or multiple play dates less formal aftercare may not happen or be needed. It is ok to need no aftercare or more care, it is part of play to know what you want and ask for it! HAPPY PLAY TIMES for all!

Education: Taking Care by FemmeMountain

Wow...2020 has been rough.

First off, we at Femme Mountain, hope all are enjoying good health and the sunshine coming this week. Just like everyone else in California we have been in a lockdown situation.

For me living in a smaller mountain town I was used to the stores running out of items, every storm seems to clean out the shelves of our local stores. I had to turn to the internet for help, additionally my local area residents only started taking this Virus serious over the past two weeks, guess having 34 (4/10/2020) covid cases hit our little county, woke a few people up but this to say, I had to adjust how I was shopping.

For those of us who are fall into the older category, going out for grocery items or personal care can be a challenge during this current timeline. I have been using online flexible meal kit subscription service. <https://hellosubscription.com/best-meal-kits-subscriptions/> , personally I use Everyplate. Another way to stay home, <https://www.instacart.com>, I use this service. Other ideas use an online drugstore for your personal care items. Oh and another thought, Zoom, ACLC had a zoom chat going on the other night, I was very reluctant to join but so worth the time... what a lift to my spirit. I am people starved.

I know nothing to do with education, however during this time staying safe to play another day seems important.

Education: COVID 19 Resources by Caity Lynch

Well, it would seem that sometimes the history we look back on is interrupted by history in the making. With this in mind, in lieu of the history column, we have compiled the following resources to keep you safe and healthy during this time.



Sex and Coronavirus Disease 2019 (COVID-19)

All New Yorkers should stay home and minimize contact with others to reduce the spread of COVID-19.

But can you have sex?

Here are some tips for how to enjoy sex and to avoid spreading COVID-19.

1. Know how COVID-19 spreads.

- **You can get COVID-19 from a person who has it.**
 - The virus can spread to people who are within about 6 feet of a person with COVID-19 when that person coughs or sneezes.
 - The virus can spread through direct contact with their saliva or mucus.
- **We still have a lot to learn about COVID-19 and sex.**
 - COVID-19 has been found in feces of people who are infected with the virus.
 - COVID-19 has not yet been found in semen or vaginal fluid.
 - We know that other coronaviruses do not efficiently transmit through sex.

2. Have sex with people close to you.

- **You are your safest sex partner.** Masturbation will not spread COVID-19, especially if you wash your hands (and any sex toys) with soap and water for at least 20 seconds before and after sex.
- **The next safest partner is someone you live with.** Having close contact — including sex — with only a small circle of people helps prevent spreading COVID-19. Have sex **only** with consenting partners.
- **You should avoid close contact — including sex — with anyone outside your household.** If you do have sex with others, have as few partners as possible.
- **If you usually meet your sex partners online or make a living by having sex,** consider taking a break from in-person dates. Video dates, sexting or chat rooms may be options for you.

3. Take care during sex.

- **Kissing can easily pass COVID-19.** Avoid kissing anyone who is not part of your small circle of close contacts.
- **Rimming (mouth on anus) might spread COVID-19.** Virus in feces may enter your mouth.
- **Condoms and dental dams can reduce contact with saliva or feces,** especially during oral or anal sex.
- **Washing up before and after sex is more important than ever.**
 - Wash hands often with soap and water for at least 20 seconds.
 - Wash sex toys with soap and warm water.

- Disinfect keyboards and touch screens that you share with others (for video chat, for watching pornography or for anything else).

4. Skip sex if you or your partner is not feeling well.

- **If you or a partner may have COVID-19**, avoid sex and especially kissing.
- **If you start to feel unwell**, you may be about to develop symptoms of COVID-19, which include fever, cough, sore throat or shortness of breath.
- **If you or your partner has a medical condition that can lead to more severe COVID-19**, you may also want to skip sex.
 - Medical conditions include lung disease, heart disease, diabetes, cancer or a weakened immune system (for example, having unsuppressed HIV and a low CD4 count).

5. Prevent HIV, other sexually transmitted infections (STIs) and unplanned pregnancy.

- **HIV:** Condoms, pre-exposure prophylaxis (PrEP) and having an undetectable viral load all help prevent HIV. For more information, visit nyc.gov/health and search **HIV**.
- **Other STIs:** Condoms help prevent other STIs. Visit nyc.gov/health and search **STIs**.
- **Pregnancy:** Make sure you have an effective form of birth control for the coming weeks. Visit nyc.gov/health and search **birth control**.

For the latest information, visit nyc.gov/coronavirus or cdc.gov/covid19. For real-time updates, text “COVID” to 692-692. Messages and data rates may apply.

- <https://www1.nyc.gov/assets/doh/downloads/pdf/imm/covid-sex-guidance.pdf>

“San Francisco Bay Area Kink Community COVID-19 Response” – Race Bannon has compiled and maintains this extensive list of Bay Area specific information, covering topics such as “How can I keep in touch with people?” “Can I still play?” “How can I help?” “Who can I help?” and “What if I need help?” It can be found at the following link:

https://docs.google.com/document/d/1gYprKsgZQghfrO9QdehbVlzvEmFT8KDB4jk5ki4cqbQ/edit?fbclid=IwAR19aSUuNFcGVxFAQY9OHNITPgyCTcilu_KpoqoE7o2Mo0kDSgmR4KU7tKQ

Now, just for fun...a few from the vaults!



Named the IMsL '94 winners (l to r): Cindy Bookout, 1st runner-up, IMsL Anne C.S. Bergstedt, and Beth Elliott, 2nd runner-up last Saturday afternoon, March 19 at Club Townsend.

(Photo: Mr. Marcus)

ALAMEDA COUNTY LEATHER CORPS

Bound and Gagged

The Platinum Anniversary XX ACLC Contest

www.brownpapertickets.com
 \$25 Advance, \$28 Friday Night, \$30 at door
 Doors open at 6:30pm, contest begins 7pm



Mister Marcus

Donna Sachet, as the Mistress of Ceremonies at the Alameda Co. Leather contest last Saturday, July 31, wasn't part of anyone's fantasy. She fell into the SM cage loaned to the ACLC by Mister S. Leathers. The audience roared with laughter.



2008 Rich Stadtmiller www.RichTrove.com

Catch the Patch: ACLC Represented

February 8th – 4 decades of titleholders represented ACLC at the Ms. SF Leather 2020 contest, thank you to all who came out and supported our Vice President, Caity Lynch, in her successful title run!



March 8th – ACLC and Scotty's Cigar Social made Spring Shenanigans a huge success, bringing together friends from Sacramento, San Jose, Pacifica, and throughout the Bay. The event raised \$400 for the Pacific Center, thank you to everyone who shared this event with us!





April 8th – ACLC tried out our first Zoom Chat as an opportunity to connect while we Shelter In Place. Thank you so much to Member at Large Laurie for leading this effort, we look forward to the next one!



We want to hear from you! We know you're out there, volunteering, misbehaving, and most of all, Representing. Take a (street legal) photo in your finest ACLC patch, pin, or other assorted swag and send to info@acleather.org. We would love to feature you in our next newsletter!

Upcoming Events:

Please join us on the ACLC facebook group, "ACLC – Alameda County Leather Corps" at:
<https://www.facebook.com/groups/47216094228/> We'll be posting future opportunities to join Zoom chats and stay connected with your club!

April 25-May 2 – Kink In Quarantine, Hosted by ACLC and Ms. SF Leather: Share your Kinkiest Quarantined Self and compete for fabulous prizes, including \$100 to Mr. S Leather, or vote for your favorites at the link below, \$1=1 vote. All funds raised go to Project OpenHand to support their increased demand during this time. Details can be found here:
<https://www.facebook.com/events/ical/upcoming/?uid=1323747068&key=w9fBkxr3xwwoeqb7>